

**DANIELSEN RELAYS
APRIL 24, 2018
SALEM, SD**

FIELD EVENTS

**3:00 TRIPLE JUMP-GIRLS
 DISCUS-BOYS
 SHOT PUT-GIRLS
 HIGH JUMP-BOYS
 LONG JUMP - BOYS**

**4:00 DISCUS-GIRLS
 SHOT PUT-BOYS
 TRIPLE JUMP-BOYS
 HIGH JUMP-GIRLS
 LONG JUMP-GIRLS**

TRACK EVENTS

**4:15 100 METER HURDLES – GIRLS
 110 METER HURDLES - BOYS**

4:30 3200 METER RELAY - GIRLS - BOYS

4:50 100 METER DASH - GIRLS - BOYS

5:10 800 METER RELAY - GIRLS - BOYS

5:30 1600 METER RUN - GIRLS - BOYS

5:45 400 METER RELAY - GIRLS - BOYS

6:00 400 METER DASH - GIRLS - BOYS

6:20 300 METER HURDLES - GIRLS - BOYS

6:40 MEDLEY RELAY - GIRLS - BOYS

7:10 800 METER RUN - GIRLS - BOYS

7:30 200 METER DASH - GIRLS - BOYS

7:50 3200 METER RUN - GIRLS - BOYS

8:15 1600 METER RELAY - GIRLS – BOYS

WE WILL USE A ROLLING SCHEDULE

